

KEEPING IT REAL

SESSION #3

SEXUAL IDENTITY: HOW AND WHEN DO I
EXPRESS MYSELF AS A SEXUAL BEING

DEFINE SEXUAL IDENTITY

- ◉ What is it?
- ◉ What is the difference between sexual identity and sexual expression?

SEXUAL IDENTITY

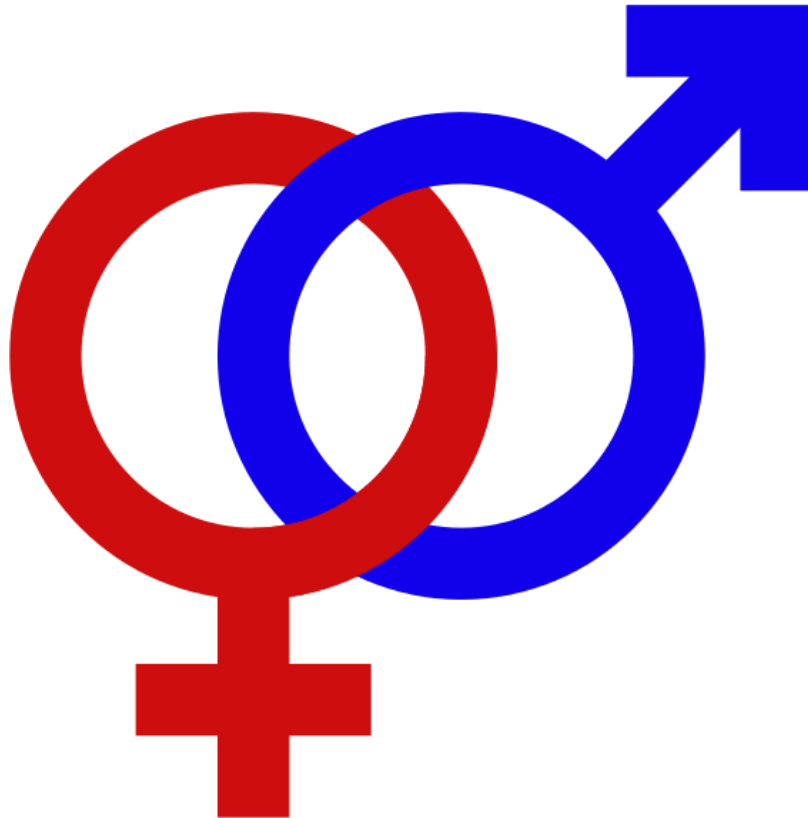
- ⦿ Discuss ways that we recognize sexual identity in others.
- ⦿ Same sex attraction. How do we approach this topic as Christians?

WHAT'S THE DIFFERENCE?

- ◉ **gender identity** - n. *One person's experience of one's own gender, which may or may not correspond with the gender assigned at birth*
- ◉ **transgender** - adj. *A person whose gender identity does not correspond with the gender assigned at birth*
- ◉ **cross-dresser** - n. *A person who wears clothing commonly associated with the "opposite" sex*
- ◉ **cisgender** - adj. *Someone whose gender identity matches the gender assigned at birth*
- ◉ **nonbinary** - adj. *Not identifying as strictly male or female*
- ◉ **queer** - adj. *Formerly a pejorative, queer is often used as an umbrella term for people who identify outside of traditional gender and sexual identities*

LET'S READ AND DISCUSS THE ARTICLE

5 Things Every Christian Must Know About the Transgender Debate



BIBLICAL EXERCISE

ROMANS 12:1-2

Answer the following questions in regards to your scripture:

1. How does this scripture relate to believers in terms of sexual identity?
2. What do you believe that it means to present your body as a living sacrifice “holy and acceptable to God?”
3. What causes us to conform to this world?
4. How can we seek to be transformed by the renewing of our minds to align with the will of God?

TELL ME WHAT YOU KNOW ABOUT:



How can we biblically seek to help those we love with sexual identity concerns?

THE SPIRITUAL DYNAMICS CIRCLE

