

KEEPING IT REAL

SESSION #4

THE IMPACT OF SOCIETAL PRESSURE: THE
ROLE AND THE INFLUENCE OF SOCIAL MEDIA

DEFINE PRESSURE:

- ⦿ What is it?
- ⦿ How often do we notice societal pressure being used to influence our decision-making?
- ⦿ Is there any pressure on Christians from friends, television, movies, music, social media, to mimic what we observe in our culture as it relates to sexuality?

SEXUAL PRESSURE

- ⦿ How do I avoid giving in to sexual pressure?
- ⦿ What ways can I keep my relationship solid without going all the way?
- ⦿ Can a relationship truly be great without premarital relations?

WATCHING MY WALK

- ◉ Walking by the flesh may be an accepted norm on social media, but it's not possible to please God in the flesh ([Romans 8:8](#)).
- ◉ As believers, we're called to die to those carnal impulses and walk by the Spirit, perhaps especially on social media, given its reach and impact.
- ◉ We should ask ourselves if our posts are gracious and edifying. Am I slow to speak? Are love and kindness reflected? Am I blessing or cursing those I deem enemies? Would God be pleased with my blog/posts?

LET'S READ AND DISCUSS THE ARTICLE

5 Rules for Social Media Sanity



BIBLICAL EXERCISE

1st Corinthians 13:4-8a

Answer the following questions in regards to your scripture:

1. What is the difference between love and sex?
2. What is the benefit of sharing something sacred with someone who does not have your best interest at heart?

TELL ME WHAT YOU KNOW ABOUT:



How can we biblically seek to be more responsible with our social media use?

THE SPIRITUAL DYNAMICS CIRCLE

